

Eric D. Banks

Chief Instructor, South KC Shotokan, LLC

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Experience

Student, Traditional Japanese Shotokan Karate

October 1990 – Present

- Began training at Truman State University (then Northeast Missouri State University)
- Received 1st degree black belt through Master Hidetaka Nishiyama, 1995
- Received 2nd degree black belt through Master Hidetaka Nishiyama, 1996
- Received 3rd degree black belt through Master Hidetaka Nishiyama, 2000

Instructor, Traditional Japanese Shotokan Karate

September 1992 – Present

- Taught at Missouri University of Science and Technology (then University of Missouri at Rolla), 1992 – 1995
- Instructed kids and youth at Grandview United Methodist Church (Grandview UMC), 1996 – 2004
- Instructed middle school youth in after-school club, Grandview Middle School, 1998-1999
- Instructed youth and adults at Grandview Community Center, February 2004 – December 2008
- Formed *South KC Shotokan, LLC*, February 2007
- Opened South KC Shotokan Karate dojo in Grandview, January 2009
- Opened South KC Shotokan Karate dojo for full-time instruction of children, youth, and adults, March 2017
- Instructed kindergarten through 5th grade students, LINC at Conn-West Elementary, February 2018 - Present

Competition

- Silver medal, Men's Team Kumite, AAKF National Championships 2004
- Gold medal, Individual Men's Kata, Show-Me-State Games 2007
- Gold medal, Individual Men's Kata, Kansas Elite Martial Arts Tournament 2014

Work with Children and Youth

- Member of three-person Traveling Youth Ministry team, Missouri area UMC, Summer 1991
- Church childcare worker, pre-kindergarten, Grandview UMC Daycare, Summer 1992
- Summer camp leader, 5th and 6th grade, UMC Camp Galilee, Summer 1992
- Facilitated two neighborhood activity groups, ages 5 through 15, St. Louis Summer of Service, Summer 1994
- Permanent part-time childcare worker, ages 4 through 5th grade, Grandview UMC Daycare, 1996 – 2001
- Middle School and High School Sunday School teacher, Grandview UMC, 1996 – 2001
- Special Education (ED/BD) Para-Professional, Grandview Middle School, October 1997 – May 2001
- Organized "Super Saturday" monthly activity program for elementary school kids, Grandview UMC, 1998
- Primary youth ministry leader, Grandview UMC, 1999 – 2001

Education

B. Sci. Mechanical Engineering, UMR – Rolla, MO

Pre-Engineering, NMSU – Kirksville, MO